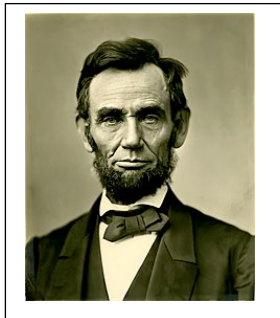


Sent on Tuesday, February 18, 2020



Happy Presidents' Day!



Hey, did you know that among the 14 US Presidents who wrestled, the most notable is Abe Lincoln?

President Lincoln was an imposing figure, standing at 6 foot, 4 inches, with a wiry and muscular physique he'd developed while working in the fields at an early age. He was the champion of his county in Southern Illinois, having been defeated only once in twelve years, according to the National Wrestling Hall of Fame. For 15 years, our Grapplin' Gorillas program has been striving to instill in our kids the same strength and character that President Lincoln embodied. My favorite Lincoln quote is "Whatever you are, be a good one."

During our summer camp we offer a great mix of fun, play and hard work on the mat, while also emphasizing good sportsmanship. Also, please note, by popular demand, Breaking has been extended to two hours a day.

Limited space is available – click below for camp details and to register.

<http://grapplingorillas.com/2020-summer-camp/>

Of course, feel free to reach out with questions.

Warmly,
Glenn